

METRIC

R = Right, L = Left, S = Straight, BR = Bear Right,
BL = Bear Left, BC = Becomes, SS = Stop Sign

Mile	Turn	At	Mile	Turn	At	On	Mile	Turn	At	On
0.0	Start		18.5	R	SS	119th PL NE	35.8	BC		238th Ave NE
0.0	S	SS	19.4	L	Light	NE 160th St	36.5	R	SS	NE Union Hill Rd (N)
0.8			19.5	R		Brickyard RD NE	38.5	R	Light	208th Ave SE
2.0	L	Light	20.5	R	SS	NE Woodinville Dr	39.8	L	Light	NE Novelty Hill Rd
4.0			21.0	BC		Redmond-Woodinville Rd NE	41.0	R		NE Redmond Rd
4.0	L	Light					42.2			<u>Top of</u>
7.2	L	Light	21.1			Caution! Tracks!				<u>McWhirter Hill</u>
7.2			22.6	R		NE 145th St	42.3	BC		204th Ave NE
9.3	R	Light	22.7			Caution! Tracks!	42.4	L	Light	NE 116th St
9.6	S	SS	22.8	R		138th Way NE	43.6	S	Light	NE 116th St
9.7	R		23.0	R		36th PI NE	44.6			<u>Top of</u>
			23.1	BC		NE 148th St				<u>Education Hill</u>
11.3	S		23.2	L		134th Ave NE	45.0	L	R-About	162nd Ave NE
11.4	BR		23.3	BR		NE 145th St	45.0	L		Food Stop
11.5	L		23.5	L	SS	132nd Ave NE	45.3	R	SS	NE 109th St
12.3	BC		23.5			<u>Top of Winery Hill</u>	45.4	BL-BC		161st Ave NE
12.5	R		24.5	L		Food Stop	45.6	BR-BC		NE 106th St
12.6	BC		24.5	L		NE 132nd St	45.7	R	SS	160th Ave NE
13.1	R	SS	24.7	R		136th Ave NE	45.8	BC		NE 109th St
13.4	BC		24.9	BC		NE 128th St	46.0	S	Light	154th PI NE
13.5	BC		25.0	L	SS	NE 128th St	46.5	L		☒
13.8	BC		25.1	BC		139th Ave NE	47.4	L	Light	☒
13.9	BL		25.3	R		Caution! Tracks!	49.7	L	Light	Redmond Way
13.9			25.3	BC		Willows Road	49.4	R	Light	W Lake Sammamish Pkwy NE
14.4	BC		25.5	S	Light	Willows Rd	49.5	R		Old Redmond Rd
14.9	L	SS	26.0	L	Light	NE 116th St	51.4	L	Light	132nd Ave NE
15.2	S	Light	26.9	R		154th PI NE	51.8	R	SS	NE 60th St
15.3	R		27.4	S	Light	NE 109th St	52.1			Top of Rose Hill
15.5	R		27.7	BC		160th Ave NE	52.8	L	SS	116th Ave NE
15.6	L	SS	28.0	BC		NE 104th St	54.8	R	Light	Northrup Way
15.9	L		28.3	L	Light	166th Ave NE	56.1	R	Light	Lake WA Blvd NE
15.9	L		28.8	BR		NE 111th St	56.9	BL	Light	Lake WA Blvd NE
16.3	L	Light	29.2	L		172nd Ave NE	58.2	L	Light	Central Way
17.3	L	Light	29.5			<u>Top of Education Hill</u>	58.3	L	Light	Market St
17.6			29.5	R	R-about	NE 116th St	58.3	L	SS	Finish!
18.2	L	Light	30.4	R	Light	Avondale Rd NE				
			31.5	L	Light	NE Novelty Hill Rd				
			34.1	R	Light	Redmond Ridge Dr NE				
			35.2			<u>Top of Redmond Ridge Dr</u>				



Thank you to Columbia Bank,
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and The Kirkland Rotary!

Visit 7hills.AttainHousing.org and take our ride survey after the ride!