

Start/Finish
Kirkland Marina

Legend

- 7 Hills Metric Route
 - Food Stops
 - Highways
 - Other Roads
- 0 0.25 0.5
Miles

Cartography by CORE GIS LLC
www.coregis.net

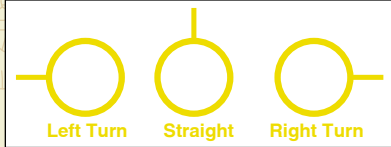
Data: Evergreen Health, King County, WSDOT

Ride Emergency: 911
1-206-435-0297

All Riders: Be Mindful, Thoughtful, & Considerate

- Ride in Single File
- Follow The Rules of the Road
- Be Respectful and Courteous

Follow the **YELLOW** markings on the pavement for the Metric Route



Rest Stop	Open Hours
Marina Park	
Registration	6:00 am - 10:00 am
Food	10:00 am - 4:00 pm
Evergreen Health	7:00 am - 11:30 am
LDS Church	8:30 am - 12:00 pm
Holy Cross	9:00 am - 4:00 pm